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ELIGIBILITY

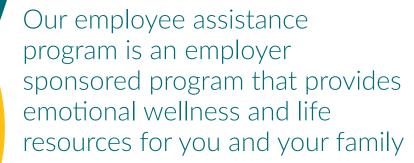
The EAP is available to all employees.

Anyone who lives in your household regardless of relationship to you, age or health insurance coverage.

Children under 26, regardless of their location.

LOGIN INFORMATION

Call 1.877.622.4327 or myCigna.com Employer ID: medicalsolutions



Legal & Financial Services

Free 30-minute consultation for each new legal or financial topic

25% discount on further legal services and tax prep

Identity theft assistance

Emotional Well-being Support

Available 24/7

Up to 6 counseling sessions per issue each year

Face to face, telehealth or chat appointments

Daily Life Assistance

Child and Elder Adult Care Assistance

Crisis and disaster support

Career and workplace tools

Fitness planning and strategies

Live and recorded webinars

Articles and self-assessments

Caregiver support

Health assessments and tools



For more information, please reach out to

benefits@hosthealthcare.com